

Escuela Éxitos
22 - 23
Wellness Policy
Review and Implementation
December 2022

1. Have we followed our breakfast and lunch menu options by date as indicated in the menu calendar?

YES NO

2. Are all students participating in the scheduled PE class and are only excused from participation upon being provided a doctors notice?

YES NO

3. Have students lunches (for those who bring a lunch) been monitored for nutritional values, and if comments need to be made to the parents have they been?

YES NO

4. Are students encouraged to select/eat a meal, and if they are not, are parents called to be informed of their children not eating at school?

YES NO

5. Are students offered choices at lunch (i.e. Hot Meal, Vegetarian, Salad, or sandwich)

YES NO

6. Are students afforded enough time to eat?

YES NO

7. Are student allowed to eat or are they given extra time to eat when needed due to a schedule conflict (i.e. bus late, tardy, schedule compliance)

YES _____ NO _____

8. Are students provide the opportunity to wash or sanitize their hands before eating?

YES _____ NO _____

9. Is health nutrition a components of your Physical Education program as required by state standards?

YES _____ NO _____

10. Is the menu culturally appropriate for the student population (i.e. no pork, items the students would eat at home, variety of meals)?

YES _____ NO _____